

## IWCN ACTIVITIES

The activity groups below meet regularly, in members' homes, at the gym, on the ski slopes or the hiking trail. There are also special events, seminars and excursions.

Article Discussion	Tuesday p.m.	German conversation	Wednesday a.m.
Artistic Excursions	Occasional	Golf	Monday
Boggle	Friday evening	Healthy living	Monday p.m.
<u>Book discussion:</u>		International cooking	Occasional
Friday morning	Friday a.m.	Irish Dancing	Wednesday a.m.
Friday afternoon	Friday p.m.	Italian for Beginners	Wednesday a.m.
Classical books	Friday p.m.	Italian conversation	Thursday p.m.
<u>Bridge:</u>		Keep Fit	Thursday a.m.
Beginners	Occasional	Les Amies du Mardi	Tuesday a.m.
Duplicate Bridge	Tuesday a.m.	Line Dancing	Thursday p.m.
Cartier Coffee Group	Monday p.m.	Mah Jong	Wednesday evening
Choir	Monday a.m.	Mah Jong	Thursday p.m.
Cinema	Monday evening	Migraine Support	Friday p.m.
Conscious Living	Tuesday p.m.	Mums and Tots	Occasional
Creative Writing	Occasional	Music appreciation	Thursday p.m.
Cross Country Skiing	Occasional	Nordic walking	Tuesday a.m.
English Conversation	Thursday a.m.	Photography	Occasional
Finance and investment	Thursday p.m.	Rummikub	Tuesday p.m.
<u>French:</u>		Rummikub	Wednesday evening
Elementary	Tuesday p.m.	Scrabble/Boggle	Wednesday p.m.
Lower intermediate	Monday p.m.	Spanish conversation	Monday a.m.
Upper intermediate	Thursday a.m.	Stitchers	Thursday p.m.
Advanced	Tuesday p.m.	<u>Tennis:</u>	
Conversation	Tuesday p.m.	Intermediate 1	Friday a.m.
French Theatre Visits	Occasional	Intermediate 2	Friday a.m.
Garden Group	Tuesday p.m.	Thermal Bathers' Group	Occasional
Genealogy	Occasional	<u>Walking:</u>	
		Monday walkers	Monday p.m.
		Wednesday hikers	Wednesday p.m.
		Friday hikers	Friday a.m.